NAMBUCCA VALLEY RADIO

Your Voice in the Valley

From the President

It has been a lively time at 2NVR with work involved completing our two grant allocations. Fitzroy commenced painting on November 25 with Studio 3 the first to be done. Thank you to all the hardworking presenters who helped to sand, prepare and clean the walls. We were a small but diligent team and we got the job done, I am so grateful to you for your support.

We are planning all the food and decorations for our Christmas party and it is on the night of Friday December 20. This is also Studio 3 night and we will have Ali C. from Scotts Head launching her new album. Everyone is welcome, best to get here before 6pm or you will be walking back from the road after you park. We will have lots of food and fruit juices on tables outside. We would love to see you if you are available that evening. Beverly is working on some very special bags for NVR Presenters which are filled with items designed for emergencies. They are something we received because of Beverly's tireless efforts applying for and getting grants for us. Thank you Beverly, you are doing a great job, not to mention reading NOTA on air with Linda and the newsletter as well! It has been a hectic year for all and so thank you for showing up each week. Presenters, you are the backbone of our station. For those who have been unwell, I hope 2025 will be a much happier year for you. A very big thanks to the folks who go the extra mile, whether dealing with the rubbish bins or doing interviews, training, making promos, or being on committee, you really make our station great. I am proud of the great team who volunteer their time here. Wishing everyone a safe and Happy Christmas and wonderful New Year. With kindest regards, Luise

New Committee of Management elected at AGM September 2024.

2NVR's constitution allows members to stand for a four (4) year term. Ion Newcome (Vice President), Dave Pirani (Treasurer) and Beverly Gibbs (committee member) will all retain their roles. Ron Hawkins, John Wilson, Tina Keel and Deb Truskett will all join the committee.

Phill Veness, Dave Pirani, President Luise Pearson-Bernoth, John Wilson, Donna Collins, Beverly Gibbs, Elizabeth Newman, Linda Jerrison and Ion Newcombe. Photo- Mick Birtles





SUMMER 2025

National Carers Week at Nambucca Plaza

2NVR held an Outside Broadcast in October 2024 for this significant event. National Carers Week helps to raise awareness about the 3 million Australians providing unpaid care and support to family members or friends.

Donna Collins, Jake Burns and Peter Lagettie -Jake and the Fatman (Thursdays)

Phill Veness The Flipside (Thursdays)



Frank Partridge VC Primary School **Mini Fete Day**

Donna, Linda and Beverly did some 'flossing' with the kids at Frank Partridge School for their mini fete day and Outside Broadcast in November.

The fete gave the children the opportunity to learn about handling money and discounting such as 75% off the prices or half price. So learning about fractions, percentages and decimals as well as ratios.

Popular song requests included:

- Who let the dogs out-Baha Men
- **Believe– Imagine Dragons**
- Footloose- Kenny Loggins
- Bye Bye Bye NSYNC
- Avicci– The Nights
- Wake me up before you Go Go WHAM





Working taking place around the station



Fitzroy has been busy painting our Studio 3 and bathroom/toilets in November. He always arrives on time and is well prepared. How lucky we are to have such great workers at 2NVR. The orange and purple colours are quickly disappearing. The new blue colour has the benefits of calming and is associated with peacefulness but it also encourages productivity. The colour has made this space feel open and airy. The colour can promote creativity and also tolerance.

Termite Barrier

December 3, 2024, Rentokil contractors (organised by Nambucca Valley Council) arrived to install a termite barrier around the perimeter of the studios and the garage. This involved drilling into the concrete paths (noisy) and then injecting poison deep under the ground.

SUMMER 2025



Disaster Preparedness

A part of Radio Nambucca's funding from the Foundation For Rural and Regional Renewal (FRRR) was to purchase 'Grab and Go' bags for disaster preparedness. The bags will contain:

- 2NVR Promotional material
- Seasonal Program
- Crank radio
- USB and lanyard
- **Red Cross Emergency Rediplan** printouts

There will be 100 bags available for distribution.

Emergency Services Expo



On Saturday December 7, 2024, Les McMahon attended an Emergency Services Expo and free community BBQ at Kelly Close Macksville 12-2pm. Les distributed these Emergency Preparedness Grab and Go Bags on behalf of 2NVR and FRRR.

The Expo featured NSW SES flood information, NSW Fire and Rescue kitchen fire simulator and the NSW Rural Fire Service Community Engagement Team to help the community prepare bushfire plans. Other organisations attending included the Red Cross, NSW Reconstruction Authority, Nambucca Community Resilience Network, NSW Local Land Services and Anglicare. Thankyou Les for representing Nambucca Valley Radio at the Expo.

Les McMahon with Michelle Gerard & Helen Mower from Australian Red Cross

Dianna-Maidensong

Dianna Galbraith is a newbie to community radio, joining 2NVR in March 2024. She has a great promo for her program, Maidensong, airing @10am Saturdays, where she features female artists. Dianna always wanted to 'have a go' at radio having previously been involved with amateur theatre.

When Dianna arrived in the Nambucca, COVID had just hit the valley, so she was somewhat isolated and had little opportunity to get out and mix with the locals. Dianna had moved from the Hunter region 3 years ago for a full time job opportunity in health and works full time. She had also wanted a new start and still has a son in the Hunter area and a daughter out west but also has family in the Nambucca area.

Dianna grew up at Lake Macquarie and studied and trained in the Newcastle area. Dianna said the Hunter has lots to offer but she loves her work here with lots of opportunities as she works across the district. She lives in Macksville and is close to everything including the river where she loves to walk and believes there is a nice atmosphere in the valley. She is also a crossword lover. Dianna has travelled a bit through Asia and to Italy in 2012 and has lived a year in Tasmania but would like to travel more later.





2NVR Nambucca Valley Radio 105.9 FM Community Radio, Streaming Worldwide



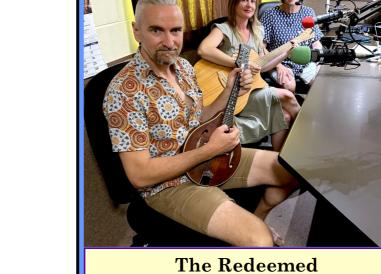
Presenters caught being kind.

Buddies, Geoff and Peter meeting up for a computer mentoring session.

Studio guests with Ceri Wrobel on Talk of the Town



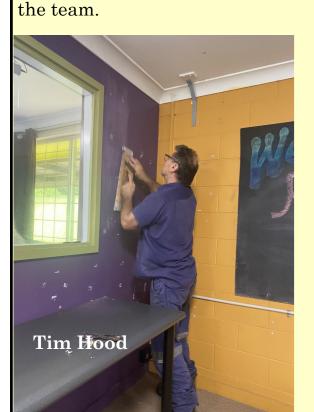
Ceri interviewed this Bellingen band on her program with a 'Live to Air' performance. The group released their first single



Donna in the bathroom cleaning and prepping the walls.

SUMMER 2025

No 'Half Job Harry' measures with Donna!



Luise—Project Clean up Manager

did a great job delegating the work in





Teamwork prepping the station for Fitzroy's November painting job Dave Pirani has it nailed!

Jeremy Allom and Will Jarrett.

HLTAID011 PROVIDE FIRST AID

The next First Aid Training day will be organised for January 2025– date to be confirmed but the consensus is that it will run on a Thursday or Friday. The following people have put their names forward for this free training:

Ion Newcombe, Paul Burns, Ron & Dale Hawkins, Bettina Goodwin, Tina Keel and Claire Watt.

Question to Linda from community member:

What program do you do at 2NVR?

Linda: I read NOTA for print limited people.

Community member: My husbands loves listening to this program every Saturday!