

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time
6 AM	Dirt Music With Stuart Coupe (ZSER)	The Bohemian Beat With Riddhi	Aussie Crown Across the Nation Aussie Christian grassroots to charts.	Tones of Claressence Claire Watt	TGIF Bettina Goodwin	Rise N Shine Ron Hawkins	The Phantom Dancer With Greg Poppleton	6 AM
7 AM	Top of the Pops UK With Kim Robson	Real World Gardener + Earth Matters	A Country Tea Time With DJ Tina	Flip Side With Phill	News, tunes and interviews Great music to start your day	Random ravings in a musical mix with: Heavens Above: 6:30 Saltwater People: 7:30 It's Only Words: 8:30	Local News of the Area Audio news, with Beverly & Linda	7 AM
8 AM	The Wire Weekly News wrap weekly	From Then To Now With Paul & Rachel Burns	Smoko with Gazza With Gary Biden	Turning Pages Elizabeth Newman	Talk Of The Town Cent Wrobel	Local News of the Area Audio news, with Beverly & Linda	AMRAP Top 6 Double With Phill	8 AM
9 AM	Classic Hits & Jukebox Paul Rowe	The Folk Show Best In Aus & Anglo Celtic Folk	Mystical Music & Musings With Luise	JAZZ Jazz at the Pale Horse	See what's going down!	Maidensong Dianna Galbraith	Scoob's Smorgasbord With Scoobs	9 AM
10 AM	Baby Boomers Donna Collins	Fine Music Live Exclusive life performances	Continental Drift Music of the World	Tewinga Tunes With Ralph	Peter's Pops & Classical Tunes & Melodies With Peter K	Noisy Neighbours Trenck de Groot	Haunting ballads to electrifying beats with a dash of the unknown!	10 AM
11 AM	Flashback With Rob Davidson	Aussie Trove With Brett Adie	The Chill Hit Music & AMRAP top 5	Thursdays Country Trickvic	Weekend Surge With Chrisso	Garage Noise With Sean Ambrose	That's A Wrap Donna, Nigel, Gary & Les	11 AM
Noon	Hot, Sweet & Jazzy From "The Pulse"	Chimes With Paul Gough	DJ Casey DJ Casey's selected music	Aussie Music Weekly With Noddy	Sublime music, surf and foxy reports, pumping you up for the weekend	soul Quench With Lizzie	Donna, Nigel, Gary & Les	Noon
1 PM	A Breath of Fresh Air With Sandy Kaye	Rock On With Jimmy & the Bluebirds	The Sixties in Australia Rob Davidson	Down Memory Lane With Streamer	MHS Radio From Macksville High	Music with a Message Geoff Stone	New Time for foxy calls Starts April 12 & ends September 1	1 PM
2 PM	Bowra Beats With Grace Walters	Sister Act Olivia & Sam	The Curious World of Lisa Z	Politics & the Environment Michael Jones	The Local Source All Aussie Music	2NVR Music Mix	Local sports calls and in-depth sporting analysis	2 PM
3 PM	Hinterland With Ben Walters	Retro Birds Robyn Wren & Sally Swan	The Sit Down With Clint Waaka	Tim Unsupervised Tim Hood	Global Village With Habib Massad	2NVR Music Mix	AND THAT'S A WRAP	3 PM
4 PM	Reggae Mixtape With Fitzroy	Blues Soul Funk Featuring Aussies on NBA	Ant's Rock Anthony Ganssey	Late night humour, music, interviews and more...	Meet Me @ The Movies Narrative about Narratives	2NVR Music Mix	The AntSF Radio Show With Nuke	4 PM
5 PM	Music Makers With Yen	Space Nuts Lost in Science & Diffusion	Solid Rock Aussie Focus	2NVR Music Mix	Fish's Favourites With Dave P	2NVR Music Mix	Imagine This Radio drama & stories	5 PM
6 PM	Music Makers Mixed music with featured artists	2NVR Music Mix	Ant's Rock Overnight	2NVR Music Mix	Tunes I like to hear...	2NVR Music Mix	Prog Rock Playlist Rhino	6 PM
7 PM	2NVR Overnight Music Mix	2NVR Music Mix	Ant's Rock Overnight	2NVR Music Mix	Dark Side of the Moon My Generation The Gary Jackson Show	2NVR Music Mix	The best of Progressive Rock	7 PM
8 PM	2NVR Overnight Music Mix	2NVR Music Mix	Ant's Rock Overnight	2NVR Music Mix	Sounds of the Seventies Overnight entertainment plus +	2NVR Music Mix	2NVR Overnight Music Mix	8 PM
9 PM	2NVR Overnight Music Mix	2NVR Music Mix	Ant's Rock Overnight	2NVR Music Mix	2NVR Music Mix	2NVR Music Mix	2NVR Overnight Music Mix	9 PM
10 PM	2NVR Overnight Music Mix	2NVR Music Mix	Ant's Rock Overnight	2NVR Music Mix	2NVR Music Mix	2NVR Music Mix	2NVR Overnight Music Mix	10 PM
11 PM	2NVR Overnight Music Mix	2NVR Music Mix	Ant's Rock Overnight	2NVR Music Mix	2NVR Music Mix	2NVR Music Mix	2NVR Overnight Music Mix	11 PM
Midnight	2NVR Overnight Music Mix	2NVR Music Mix	Ant's Rock Overnight	2NVR Music Mix	2NVR Music Mix	2NVR Music Mix	2NVR Overnight Music Mix	Midnight

Community Radio Network **Studio 3 Live** **Radio Nambucca** — 2NVR — 105.9 FM — Program Guide — Summer 2024-2025 **2NVR** — Multiple Award Winner **Sports Calls Live: 2nvr.org.au/sports-channel** **Studio & office: 02 6664 7777 <admin@2nvr.org.au >** The Best Little Station in the Nation



Email: admin@2nvr.org.au
Nambucca Valley Radio AUTUMN 2025

From the President Luise

It's been a very busy season at 2NVR with a roof leak shorting out power to lights. A big thank you to Jamie Pennington whose expertise and diligence restored the lighting circuit that was shorting out. Also to Wayne at NVC. All roof repairs will be done by council over the coming weeks. The mower has been repaired and serviced by Tinks, who kindly gave us free pick up and delivery. Fitzroy has done a great job and the painting will be completed by Monday Feb 24. Thank you Fitzroy for the care you have taken and all the wall cleaning you did.

Presenters have a look at the 2 new posters on the notice board hallway from CBAA. You may find them of help.

Finally, thank you to all who signed proxies and attended the Special General Meeting held on February 19, 2025 to change our Constitution in line with CBAA guidelines and Fair Trading. The purpose of this is to achieve Charity Status which Elizabeth Newman has been diligently following up since 2023.

World Radio Day

Thursday February 13, 2025 was World Radio Day which honours radio as one of the oldest forms of mass media, crucial for promoting freedom of expression and access to information. **A fun fact:** The Whitlam Government decision to establish community broadcasting was also that which envisioned what became SBS Australia.

In 2011, UNESCO Member States, and adopted by the United Nations General Assembly in 2012, proclaimed International Day of the United Nations, February 13 World Radio Day (WRD). Radio supports populations through climate disasters and it helps with the dissemination of fact-based information, listeners' voices, and dedicated radio shows.

To all radio professionals and volunteers, everywhere in the world, UNESCO salutes your daily work and your commitment to our future.



HLTAID011 PROVIDE FIRST AID

The second First Aid Training day, January 16, 2025 was attended by our enthusiastic presenters: Ion Newcombe, Linda Jerrison, Ron & Dale Hawkins, Bettina Goodwin, Dave Pirani and Claire Watt. This free training was provided by our FRRR grant money for disaster preparedness.

We have distributed over 40 **'Prepare and Go' bags** with the Crank Radio, USB, Emergency checklist and promotional material, to the public and continue to distribute these to presenters.



Caleb and Brodie from CWS Electrical installed a 100 Watt LED Flood light and investigated the water leakage from the roof into our lights. Thanks to Paul Burns and Luise for all their time supporting tradie visits.



Tewinga Community Centre



Thanks to Fitzroy Powell for his diligent work completing the painting in February, 2025, inside and outside of the 2NVR building and studios.



Fitzroy moved to Oz from Jamaica in 2007 to explore a musical career. Fitzroy's partner who had visited Jamaica, encouraged him to move to Macksville. His daughter, Stella was born at Kempsey Hospital. As a child he had always 'played with words' and is a lyricist. He had already recorded an EP in Jamaica in 2006. He lived in the Westmoreland town of Negril; the best part of Jamaica. His parents have passed but he has 2 brothers and 1 sister in Jamaica and other siblings in the US, Canada and Germany. He had a bit of a culture shock when he arrived in Macksville as it was very quiet. He had a song uploaded to Triple J Unearthed in 2007. He had difficulty finding others to play music with as his genre is Reggae and he doesn't play instruments. He met Ron Hawkins who interviewed Fitzroy and then he met Calum, another presenter who eventually left 2NVR and so Fitzroy began a program. His main job was as a renderer and eventually was employed by Tim @ Telum and worked hard for 10 years. After a redundancy he set up his own business.

Save the Date



The CBAA Conference is the premier networking and learning event for community broadcasters in Australia

Since 1974, this annual gathering of dedicated staff and volunteers from the community broadcasting sector is a celebration of community broadcasting's identity and impact.

Celebrate Together

The [CBAA Community Broadcasting Awards](#) are the highest recognition of community broadcasting excellence and a great way to celebrate your station's impact and recognise the achievements of programs, operations, staff and volunteers. Nominations for the 2025 awards will open in May 2025.

Training Tip Revisited

Wearing headphones is important to monitor the audio being broadcast to the public. This ensures that the level and audio quality (voice, background noise) is optimal and our community of listeners do not have to adjust volume levels constantly in order to tune in. They may decide to TUNE OUT!



Library Chats

Rowena Sierant is the newly appointed Team Leader of Library Services (Mon-Thurs) at Nambucca Valley Council Libraries. Rowena is keen to recommence this service with 2NVR, however NVC now require library staff to undertake media training and be approved to be recorded. When she is approved this recording will be uploaded to the general use interviews.



Tower remediation, repairs, and maintenance at Mount Yarrahapinni- Nuke

The 2NVR transmitter is located on Loop Road at the top of Mt Yarrahapinni which is just a tad under 500 metres in elevation, and is a part of the Yarriabini National Park, a protected area of 2092 hectares.

If you've never been into the Yarriabini forest, then you should consider making it your next day trek. The high rainfall and relatively fertile soils produce outstanding eucalyptus forest and rainforest. Large rose gum and hoop pine grow in sheltered areas. "Yarriabini" is said to mean 'koala rolling'.

Our transmitter site is a small hut on the western face of the mountain, and you are able to access it easily in a standard vehicle, although the road is fairly rough in some places, and has drainage culverts crossing the road that need to be taken at slow speed. If you do go, take a smartphone/camera – the view from the mountain is spectacular. In season, of an evening, you'll likely see fireflies, and in wet weather watch out for pesky mosquitoes and leeches.

Here's a photo of our hut (right), adorned with graffiti. Currently, as you can see, the tower is rather rusty, so it's now undergoing remediation – stripping back, replacement of some sections, and repainting/rust proofing, in the hope that the tower can last at least a few more years.

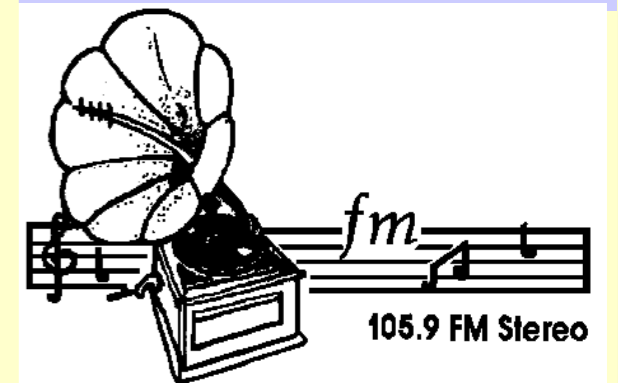


Inside the hut, you'll find our small equipment rack (pictured left), which houses our STL receiver (light blue) and the main transmitter (top of the rack, yellow).



Lastly, the most recent installation for 2NVR at the transmitter site is a set of backup batteries (above) which gives 2NVR about ten hours of emergency transmitting time if the mains power drops out. This has happened numerous times since installation of the system, and the power has always come back on before the batteries have drained.

Where did that Logo come from?



Studio 3

Louey Howell and the Funkatu collective

Louey Howell and the Funkatu collective travelled from Bellingen to spread their Psychedelic bush funk goodness on January 17, 2025. Their song, Funky Bus, is about letting go of our inhibitions and having a good time. The group combined an eclectic fusion of reggae, soul, ska and hip-hop with an explosion of funky goodness guaranteed, which got everyone's booty shakin at Studio 3 Live. Louey Howell is the lyricist and on drums and didgeridoo, Dan McCoska on the bass Hannah Harlen on vocals and electric guitar and Ahva dub on synths and jazz bansuri.



Dan Hopkins and the Generous Few—February 21, 2025

Dan Hopkins Blues/Roots/Gospel Smooth, rich and dynamic described as Eric Bibb meets Ben Harper and Paul Kelly down at the crossroads. Their new release from January 2025 is Practitioner of the Blues. Dan moved from the big smoke to start a new lifestyle on the mid north coast, living 'off the grid' and growing their own veggies. Their lifestyle is less hectic where they find the bush meets the ocean and the sun and surf play a more dominant role than in a concrete jungle.

Dan is a talented songwriter guitar player with a folk and rootsy blend of sounds with Corey Sellwood on bass and Oliver Savvy on congos.

Practitioner of the Blues



DAN HOPKINS
& THE GENEROUS FEW

A Word from Ceri

If you are having trouble tuning in, you can listen to the live stream on 2nvr.org.au or Community Radio Plus, a free App that allows you to listen to any community station any time, anywhere.



You may be interested in becoming involved at Radio Nambucca, including as a radio presenter. Email admin@2NVR.org.au to find out more.

'Studio 3 Live' is our monthly live music show and it's been recognized nationally. The next live events:

March 21– Val Ockert and Tracey Stride.

Val springs from Canadian prairies with a suitcase full of songs and stories in the tradition of a long line of popular Canadian songwriters. Australia is now home and the highly metaphorical songs continue to pour out stories of love, loss and landscape through the sounds of banjo, guitar, Bolivian charango, mandolin and piano. Tracey Stride accompanies on keyboards and harmonies.

April 18– Ethan Stewart

Blues musician Ethan will showcase his skills alongside Grant DW Barnes on the blues harp. Ethan is a rising star in the world of blues music who has been captivating audiences with an old soul sound and a passion that transcends his years. Thanks to his grandmother, Ethan grew up surrounded by the sounds of legendary blues musicians such as B.B. King, Howlin' Wolf and Muddy Waters.

May 16– The Redeemed

Hail from Bellingen with raw country blues rock to save your wretched soul.

Upcoming Outside Broadcasts

Please contact Donna if you are interested in supporting.

March 1– Macksville Markets at the Showground

March 2– Bellwood Park 'Clean Up Australia' event with Nambucca Riverwatch team

March 22 - Macksville Sea Eagles trial match

April 12– Group 2 Football competition starts

April 25– ANZAC Day service at Bowraville

